

The Impact of Dual Identity Experiences on Student Development

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1. Introduction

This study piloted a student athlete identity survey to examine the relationship between student and athlete identity, academic self-efficacy, and social support.

Hypothesis:

The salience of academic identity will positively predict academic self-efficacy; however, strong athletic identity will negatively predict academic self-efficacy.

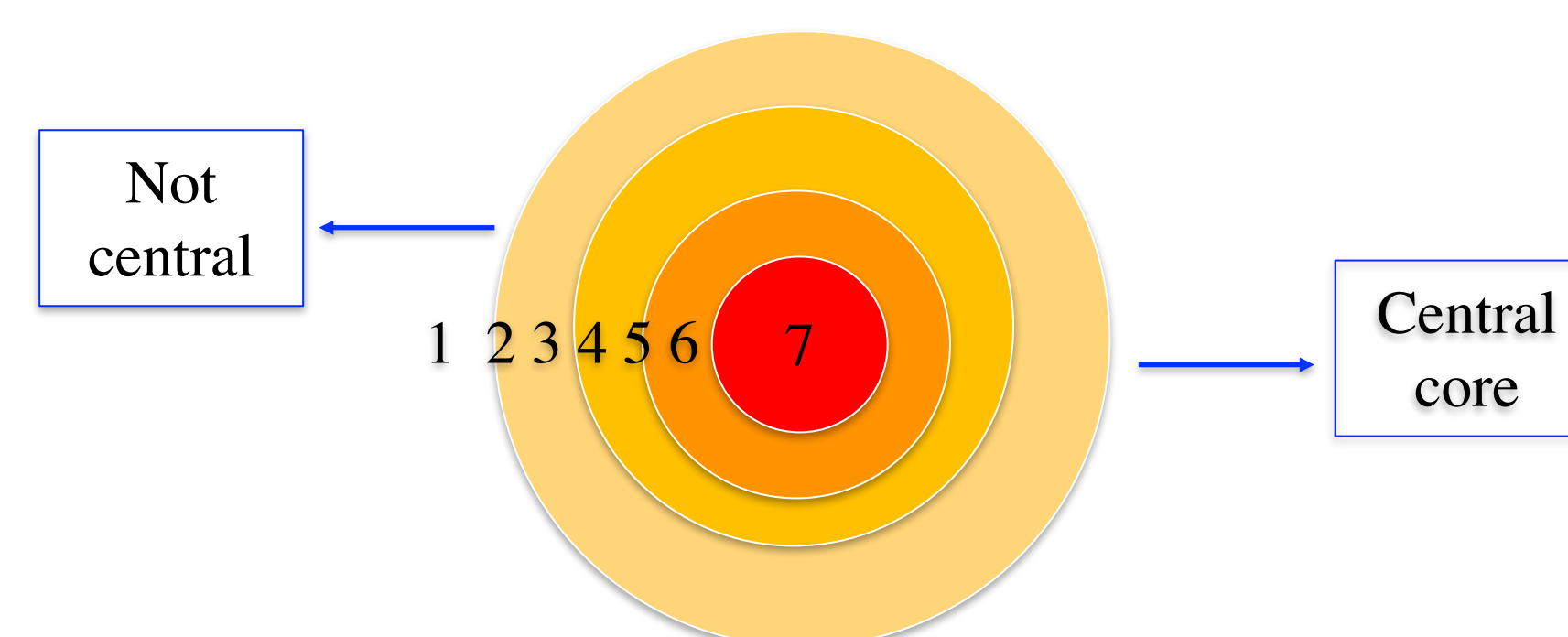
2. Methods

Research Questions:

- Does the salience of academic or athletic identity influence academic self-efficacy?
- What is the relationship between student athlete identity and a student's involvement on campus?
- Does student athlete identity affect the utilization of support from athletic departments?

Measurements:

- Student athlete identity
- Academic self-efficacy
- Involvement on campus
- Support utilized from athletic department



3. Literature Review and Results

Student Motivation

The ways in which athletic departments support student athletes can orient them toward different goals.

Performance goals can teach students that their academic ability is fixed.
Learning goals guide students to focus on effort and the process of learning.

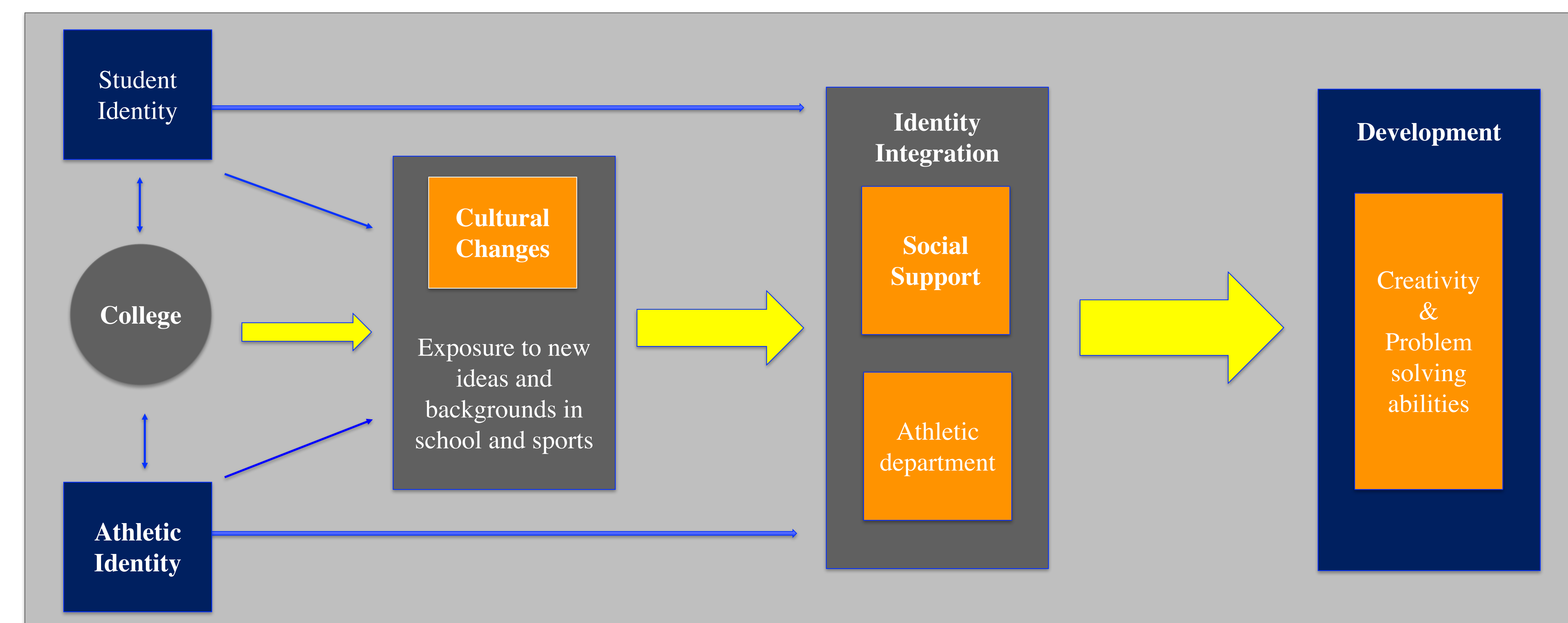
Identity Integration

Multicultural research has demonstrated that dual identity experiences can cultivate characteristics that are also valuable for student development. The types of support offered to student athletes can enhance or impede student development. Learning environments that teach students to be self-directed learners can also support multiple identity integrations.

Survey Results

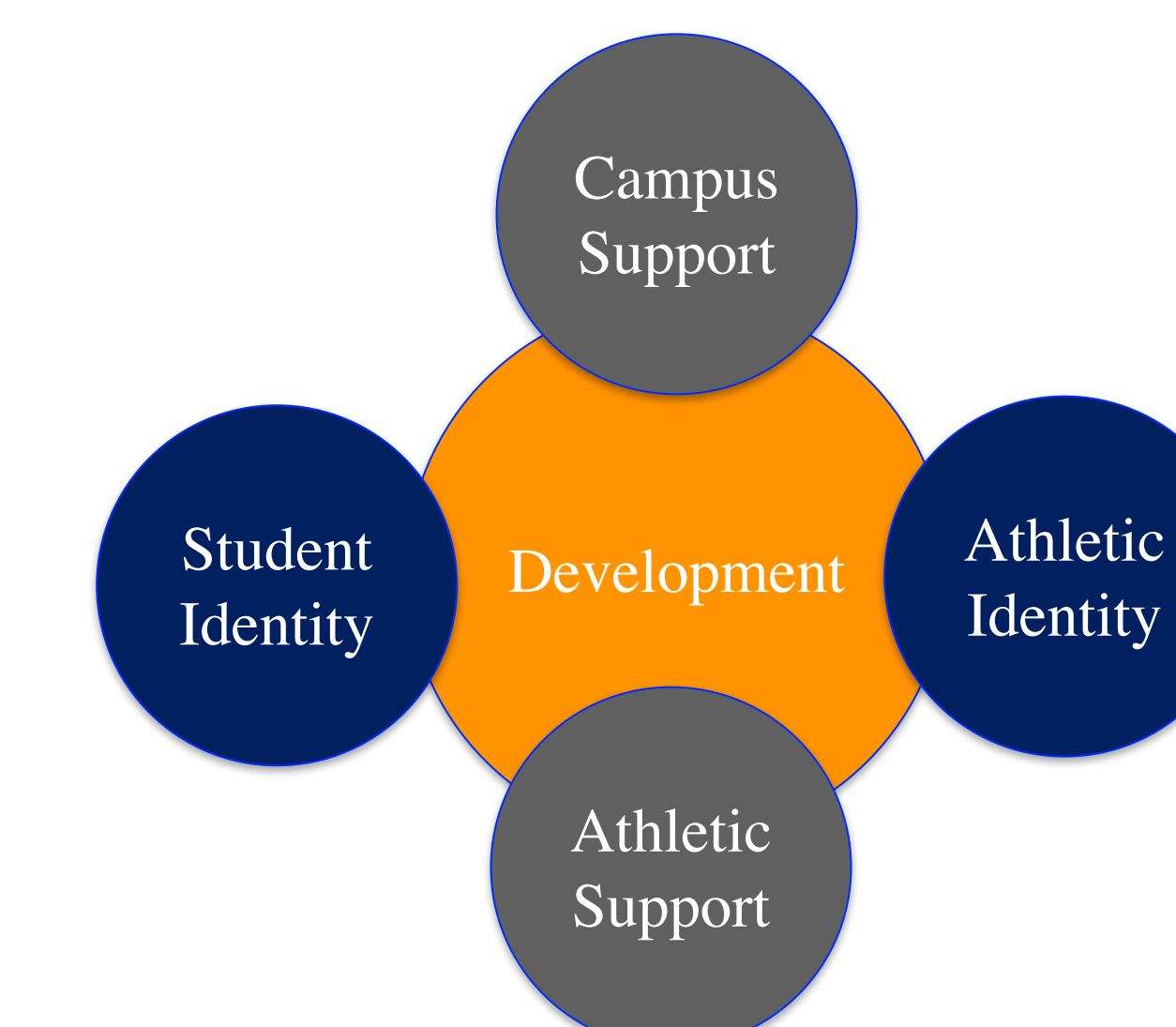
Preliminary data analysis indicates the existence of a disconnect between student identity and academic self-efficacy. This suggests that student athletes want to be students, though they do not feel that they have the necessary skills to do so. This was true for student athletes from 11 conferences, including Ivy League student athletes.

4. Dual Identity Experiences Framework



5. Conclusions

Student athletes maintain two identities in college. Guided under the lens of multicultural research, the extent to which both identities are integrated can enhance or impede student development.



Student athletes' academic skillsets were curated before they began college. Athletic departments that give student athletes autonomy and support can teach students to be self-directed learners. This can aid in dual identity integration and student development.

Literature Cited

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Acknowledgments

Brian, I would say that I wish you were here to watch me present this but I know you are smiling. *Dum spiro spero* big brother. I will give the family a hug for you.

Further Information

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